

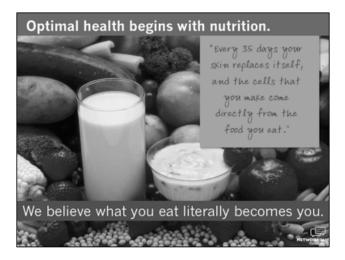
Welcome to "a nutrition solution." This short presentation explains how making a few simple changes in your diet, can pay huge dividends for your family's health in the future.



What if YOU [click] could feel GREAT each and every day? We're talking about [click] having more energy throughout the entire day, rolling out of bed first thing in the morning and being ready to face the day head on; it might mean having those [click] aches and pains vanish; or [click] maybe it means seldom OR NEVER being sick. [click], and of course we ALL want to live longer. [click]



But our goal should be to add YEARS to our lives AND at the same time ADD LIFE TO OUR YEARS. We call this EXTENDING our health span for life! So my question is, [click] are you willing to make a few simple changes to do so?

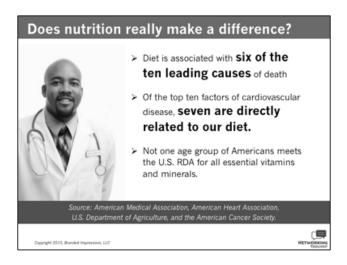


What you eat literally becomes you. Did you know that every [click] 35 days your skin actually replaces itself and your body creates new cells from the food you eat. So the question becomes, are you giving your body the fuel it needs?



We believe that optimal health begins within. [click] There's an Ayervedic proverb that says "When the diet is wrong, medicine is of no use and when the diet is correct, medicine is of no need. Now we're not saying you should just stop taking medications, what we ARE saying is that the quality of your diet and what you fuel your body with, can make a huge difference in your overall health.

[Ayurvedic medicine is a system of traditional medicine native to the Indian subcontinent and a form of alternative medicine.]



Does nutrition really make a difference? The answer is a resounding yes — Nutrition DOES make a difference. A poor diet can have drastic effects on your health. [click] In fact, diet is associated with six of the ten leading causes of death, this includes heart disease, cancer, stroke and diabetes. In addition, [click] of the top ten factors of cardiovascular disease, SEVEN are directly related to diet. And the sad truth is that [click] not ONE age group of Americans meets the RDA for all essential vitamins and minerals. So what's changed?



The sad fact is that the food we eat today is vastly different from what our grandparents ate. In fact, our diet has changed more in the past 100 years than in the past 10,000. [click] Eating organic used to be the only option!



Pesticides, antibiotics, hormones and genetic modification have become the norm. In fact, according to Melanie Warner who wrote a book called Pandora's Lunchbox, [click] packaged and processed foods are everywhere. They actually make up about 70% of the calories we consume. And [click] processing removes nutrients. [click] In 1940 about 10% of the food we ate was processed. [click] Today it's about 70%. Much of what we eat now is not so much cooked as it is ENGINEERED.



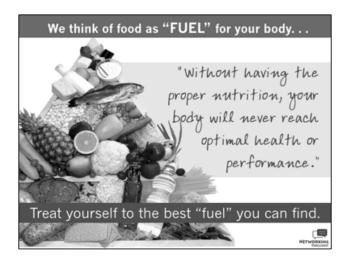
And if all that processing wasn't enough, [click] we're discovering that our soil no longer provides the nutrients it once did. And on top of that we're spraying our crops with pesticides. This is especially dangerous for children. [click] According to the Environmental Protection Agency (EPA) "pesticides may harm a developing child by blocking the absorption of important food nutrients necessary for normal healthy growth." - http://www.epa.gov/opp00001/food/pest.htm



Finally our lifestyle is different. We're couch potatoes, [click] We eat on the run. If that's not bad enough, [click] 80% of our diet is made up of fat & sugar. [click] That leaves about 20% for REAL food – exactly the opposite of what it should be. Take a look at that chicken sandwich he's eating. That's about as far away from chicken as you can get and still call it chicken. And how much nutrition do you think is added by that special sauce and wilted lettuce. The fact is that [click] Poor food choices offer little nutritional value.



So here's what we suggest: a prevention program that combines good nutrition and supplementation. [click] Start out by eating a healthy diet. Do the absolutely best you can to eat healthy and nutritious foods. [click] Next you want to exercise regularly—you want to shoot for at least 20 to 30 minutes a day of increased physical activity. What you do depends on who you are, how healthy you are and your schedule. The secret is to do SOMETHING. [click] This will actually help you with #3: Achieve your optimal weight. Losing weight can help you in so many ways: lower blood pressure, decrease your chances of diabetes, and just plain make you FEEL better. [click] We suggest you "fill in the cracks" by supplementing your diet with food supplements. [click] So start by eating right. Food is the FUEL your body needs.



And you need the best fuel you can get. [click] Without proper nutrition, your body can never reach optimum health or performance. It's a simple fact. If you don't give YOUR body the fuel it needs, you won't get the results you want. Next consider taking food supplements. These work with your food to help you optimize that good fuel. [click]



Supplements are your FUEL INJECTORS. They give you all the nutrients you need to get the most out of your food. Look at that strip and you'll see what you'd have to eat, to get the same amount of nutrition: 7 oranges, 8 cups of milk 15 servings of steak, 3 servings of nuts and 50 grams of sardines. [click] We need good food for fuel AND supplementation for fuel injectors. But if you're considering supplementing your diet, who can you trust?



There's no doubt in our mind that the very best place to start, is with the Shaklee Corporation. [click] Shaklee is America's #1 Natural nutrition company. They produce the best, the most natural and the safest nutritional products you can get. [click] Here's Dr. Shaklee who founded the company 1956. He was an early pioneer in nutrition and started with a very strong philosophy.



At Shaklee we start with nature and we believe that nature holds the answers to a long, healthy & productive life. [click]



And the company just celebrated the 100<sup>th</sup> birthday of Dr. Shaklee's first nutritional product, vitalized minerals. He developed that way back in 1915!



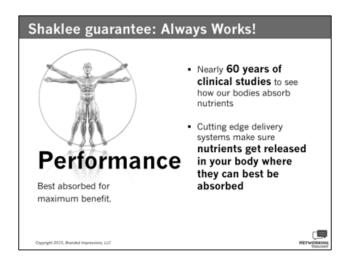
Shaklee products are always safe, for you, your family and the environment, they always work, and they're always green. Period.



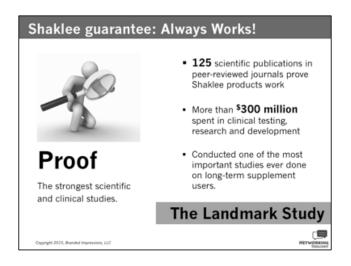
[click] Shaklee tests for over 350 contaminants including over 320 pesticides, while they are only required to test for 80. [click] In addition they perform 100,000 tests each year for purity and potency [click] and go way beyond even pharmaceutical standards in their testing. [click] This is why they can guarantee that every Shaklee product is 100% safe. Next is Potency [click]



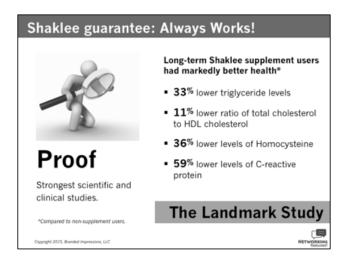
Because Shaklee products [click] contain the purest and most natural ingredients that nature offers, you know they work. In fact they are [click] clinically tested to ensure both potency and performance. And many products are exclusive to Shaklee [click] Shaklee has more than 60 patents and patents pending on their formulations



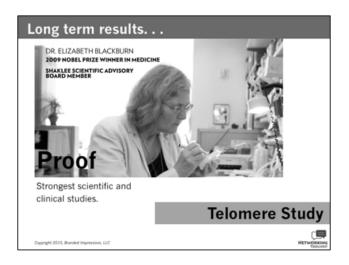
So how do they perform? We can say they perform extraordinarily well, because Shaklee has [click] 57 years of clinical studies to prove it and they use a [click] cutting edge delivery systems designed to make sure nutrients get released in your body where they can be best absorbed. And we've got the proof. [click]



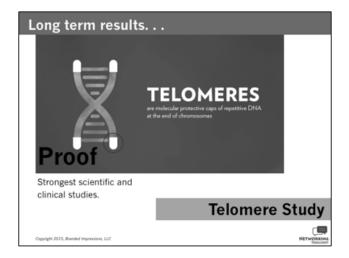
Shaklee has 90 scientific publications in peer reviewed journals to prove they work. You'll find a lot of information about them right inside the product guide. [click] And Shaklee has spent more than \$250 million in clinical testing, research and development. They even [click] conducted one of the most important studies ever done on long term supplement users: The Landmark Study.



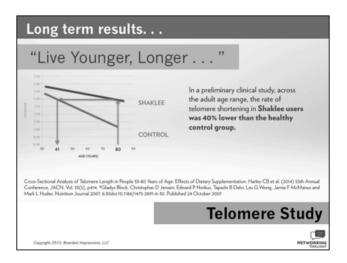
In the Landmark Study, Shaklee looked at people who took a wide range of Shaklee supplements for 20 years or more, and COMPARED them to those who took JUST a multivitamin or NO supplement at all. The results were remarkable - people who used Shaklee supplements, were more likely to have better blood nutrient levels, more optimal levels of key bio markers of health, and better health - period. No other company can make this type of statement that is backed by a published, Peer-Reviewed scientific study like this!



Here's Dr. Elizabeth Blackburn. She won the Nobel prize in 2009 for medicine and is the discoverer an enzyme that lengthens telomeres and protects our chromosomes. She is a member of Shaklee's Scientific Advisory Board.



Over time, telomeres become shorter and their length is believed to be a marker of overall health. Shaklee conducted a preliminary study that compared people using Shaklee supplements for at least 5 years to healthy nonsmokers living in the San Francisco Bay area and showed that Shaklee users had significantly longer telomeres. [click]



The study showed that an 80-year-old Shaklee user had the telomere length of a 41-year-old. We like to think of it [click] as living younger, longer!



Shaklee products have also been put to the test by world class athletes, where they've powered some of the finest athletes to more than 120 medals.



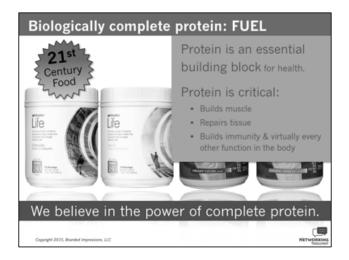
They also powered 7 of what Time-Life calls the greatest adventures of all time. They've been to the summit of Mt. Everest for the first ascent ever made without oxygen, they've been to the North Pole, they helped fuel the longest human powered flight [Daedalus] ever made, AND the first nonstop flight [Voyager] around the world, and they've even been into outer space. But what you really want to know is will they work for ME and my family. That's where Shaklee's remarkable guarantee comes in. [click]



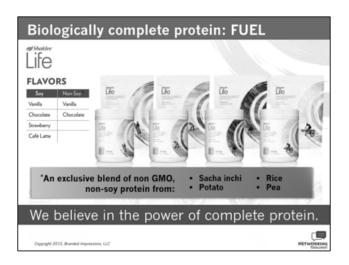
Shaklee offers a 100% money back guarantee on all their products, and guarantees them four ways: [click] First your SATISFATION is 100% guaranteed or your money back. [click] They guarantee you'll feel better in 30 days, they also guarantee that [click] What is says on the label, is IN the product. This may sound silly but there are numerous tests that show many products out there don't really contain what the label says. Finally, Shaklee guarantees that [click] what it says on the label will be absorbed by your body. We think it's the best guarantee you'll EVER find. So let's talk about where to start. [click]



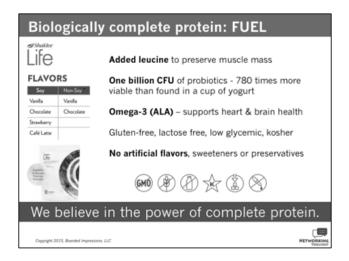
You want to start [click] by EATING BETTER. Eat raw foods when possible and stay away from processed foods, ESPECIALLY so called fast foods. And then [click] Add a biologically complete protein for fuel.



We believe in the power of a complete protein. It's an essential building block for your health. It helps build muscle, repair tissue, builds immunity and virtually every other function in your body. Shaklee offers [click]



A biologically complete protein with a number of choices, both soy and non soy. The Shaklee Life protein contains non-GMO protein with precise ratios of all 9 essential amino acids. [click]



It has added leucine to help preserve lean muscle and achieve a healther weight [click] a powerful combination of prebiotics and one billion CFU of patented probiotics to support digestive and immune health that is hundreds of times more viable than what you'd find in a cup of yogurt [click] It contains Omega-3 an essential fatty acid to support heart and brain health [click] it is gluten-free, lactose free, low glycemic, kosher, and of course [click] there are no artificial flavors, sweeteners or preservatives. Now that we've talked about the importance of a complete protein for your body's health, let's talk about a couple of the cutting edge vitamin products that Shaklee offers [click]



First up is Vita-Lea: It's a complete multivitamin and a great way to make sure you're getting at least 100% of the RDAs. Shaklee's Vita-Lea is probably the perfect multi for someone on a budget. [click] It's supported by seven clinical studies, contains 23 essential vitamins and minerals and promotes heart health, immune health, bone and joint health, physical energy, plus healthy skin, hair & nails! Here's how it compares with a leading drug store brand multivitamin.



Vita-lea has far more of the essential vitamins, a patented coating of folic acid and no artificial colors or preservatives. In fact it's a naturally sourced vitamin from food products instead of one manufactured in a lab.



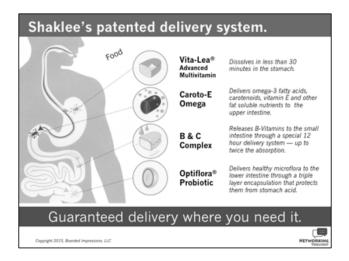
Now a step up from Shaklee's Vita-Lea multivitamin is Vitalizer. It is based on the results of that Landmark study I talked about. Vitalizer is available for Men, Women and also people over 50. [click] We like to think of it as being for people who are busy AND smart. Each daily strip contains [click] 80 bio-optimized nutrients clinically proven to create a foundation for a longer healthier life. [click] Vitalizer contains Vita-Lea PLUS 5 other important products.



Vitalizer is Jam Packed with nutrition – you get the equivalent of eating 7 medium oranges, 8 cups of milk, 15 servings of steak, 3 servings of nuts and 50 grams of sardines. And Vitalizer has even been into outer space. [click]



Here's Captain Mark Kelly a NASA Astronaut and that's [click] Vitalizer actually floating in his capsule. One of the unique things about Vitalizer (other than the fact that it's been out of this world) is its patented delivery system [click]



Each of the nutrients in Vitalizer is designed to be absorbed WHERE you need it — from the stomach all the way through to your lower intestines. Shaklee has designed a patented delivery system that you won't find anywhere else! So let's talk about how you can get started. [click]



We've selected three individual programs that will get you started with great fuel and fuel injectors!



First up is our Essentials Plan – this includes Vita-Lea, Shaklee Life Protein in your choice of flavor, plus a product called Omega-Guard. [click]



Omega Guard is the perfect balance of EPA and DHA [click] to help reduce the risk of heart disease [click] It supports your heart and cardiovascular system, joint and brain function and helps you maintain healthy triglyceride levels.



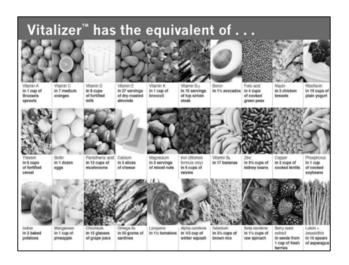
And you can have the entire program for as little as \$2.55 per day.



About the cost of a daily snack!



For a more complete solution, we've got the Vitalizing Plan – here you get the powerful Vitalizer strips with the patented delivery system, PLUS two Shaklee Life energizing shakes. You get the equivalent of all this food: [click]



Plus the biologically complete protein shakes for just [click]



 $$5.33\ per\ day-$  and you can even save an additional 10% off this with Shaklee's AutoShip program.



What about replacing a latte & muffin? That will more than cover the cost!



Finally, you might want the absolute best choice – we call this the Life Plan. It has the benefits of the Vitalizing plan with the 2 Shaklee Energizing Shakes, plus a brand new product called Shaklee Life Daily strips.



This strip has the benefits of Vitalizer, plus Omega-Guard for heart & brain health and a products called Vivix



You REALLY can turn back the clock with Vivix. It has been clinically proven to improve cell defense, INCREASE cell energy, promote cell repair, and optimize cell performance. Vivix contains powerful polyphenols designed to protect and repair DNA [click] to slow aging at the cellular level.



Shaklee Life is the best, most comprehensive nutrition system in the world.



And the company guarantees you won't just feel better, you'll feel amazing in 30 days or your money bac [click] Imagine feeling younger, longer for the rest of your life. [click] And the cost is just \$8.20 per day, even less with AutoShip.



Compare this to a fast food meal where you may feel full, but you'll never feel amazing!



And, of course, like all Shaklee products these programs are 100% unconditionally guaranteed – [click] that's part of what we like to call "The Shaklee Difference".



You can get started right away by talking to the person who referred you to this site and getting [click] a copy of our Nutrition Solution health questionnaire and order form. Remember all Shaklee products are [click] 100% guaranteed in four different ways. You really do have everything to gain and very little to lose by ordering today. Please get back to the person who sent you here for more details - Thanks for listening!